

Application Instructions



Bio Skin® supports should be applied to dry skin only. Oils, lotions and/or perspiration activate "SkinLok™" making correctly sized supports seem small and difficult to apply. This response to moisture should not cause confusion with respect to proper sizing. Always dry the body segment thoroughly prior to application.

Take the support with both hands and stretch the top and bottom of the brace two to three times. This helps break-in the material.

1. Remove the "T strap" and loosen any circumferential straps. Start from a sitting position when applying the Q Brace.™ Pull the entire support past the heel. Then, from a standing position using both hands with a firm grip, pull and center the support over the patella. After a few minutes of wear the brace will conform to the leg.



2. The "T strap" is positioned on the lateral side of the patella and the middle hook is attached to the loop on the lateral side of the patella.



3. The ends of the "T strap" are attached to the medial side, giving the desired medial pull.



Q Brace™ Front Closure Application Instructions

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1. Begin application while in a sitting position with the knee slightly bent.

2. Holding the brace behind the knee, attach wrap portion above the knee first and then attach the wrap below the knee.

3. Attach the straps behind the knee.



Easy Care Instructions

Wash Bio Skin® regularly to prevent body salt and oil build-up that naturally occurs after the product has been worn a few times. Attach the hook to the loop to prevent lint build-up. This will give your Bio Skin® a longer life span.



The "T strap" is positioned on the lateral side of the patella. The middle hook is attached to the loop on the lateral side of the patella.

The ends of the "T strap" are attached to the medial side, giving the desired medial pull. See diagram for various positions.

VARIATIONS OF "T STRAP" POSITIONS

