

Application Instructions

1. Pull the sleeve on like a sock, making sure your heel fits securely into the heel pocket. *Figure 1*
2. Pull the wrap directly across the front of the ankle and secure it to the Velcro® on the left front of the sleeve. *Figure 2*
3. Pull the wrap all the way around the back of your ankle to the front of the sleeve and secure the end of the strap to the outside of the strap. *Figure 3*

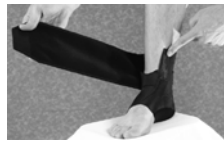


Figure 1



Figure 2

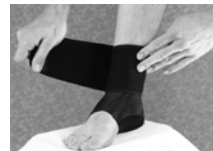


Figure 3

Trimming the FASTER Brace™ to Length

The FASTER Brace is designed to be trimmed in length if necessary. The basic landmarks to use are the MTP joint (at the base of the big toe) and the 5th metatarsal head (at the base of the little toe). *Figure 4*. If the brace is not long enough to reach these two points, the brace will still fit fine.



Figure 4

To trim the brace, apply the brace to the foot with the collar wrapped and secured. The cut will typically begin at the big toe and be angled toward the little toe. Then taper the cut around the bottom of the foot to match the top cut line. *Figure 5*.



Figure 5

NOTE: When the cut is made, be sure to leave one blue stitch across each of the two seam lines to prevent the seam from unraveling.

Figure-8 Wrap (optional)

Attach the end opposite of the Bio Skin® logo directly behind your ankle. The logo end of the strap will extend to the outside of your ankle. Wrap the strap across the top of the foot from outside to inside, then under your foot back across to the outside of the ankle. *Figure 6*. Stretch the strap back across the top of your foot from outside to inside then around the back of the ankle before attaching the Velcro in front of your ankle to the outside of the strap. *Figure 7*.



Figure 6

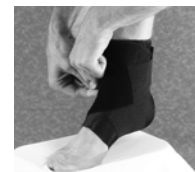


Figure 7

Easy Care Instructions

Wash Bio Skin® regularly to prevent body salt and oil build-up that naturally occurs after the product has been worn a few times. Attach the hook to the loop to prevent lint build-up. This will give your Bio Skin® a longer life span.



Hand Wash



Hang Dry



Do Not Bleach



Do Not Dry Clean

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